

## 10 - Food

### Useful Vocabulary

(foreign) dish	sugar free	flavor
traditional dish / food	tasty	aroma
ethnic food	delicious	recipe
cuisine	bland	ingredient
fast food	horrible	restaurant
junk food	spoiled	menu
health food	sweet	serve
food product	sour	portion / serving
dairy (product)	salty	appetite
natural	savory	Bon Appetit! / Enjoy!
raw	spicy	(life-threatening) allergy
nutritious	meal	I have an allergy to ...
organic	snack	allergic to
vegetarian	appetizer	I'm allergic to ...
vegan	soup	I'm a picky eater.
frozen	main course	I'm an adventurous eater.
fattening	side dish	I (don't) like to try new foods.
low-fat	dessert	I'll eat anything that resembles
fat free	gourmet	food.



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## **Practice Questions**

1. What is your favorite food? How often do you eat it?
2. What is your least favorite food? What would you do if it was served to you when you were a guest at someone's house?
3. Are there any foods that you didn't like as a child but that you eat now? Explain.
4. If you could eat any food right now, what would you choose?
5. Which kinds of foods do you prefer? Give some examples.
6. Are you a picky eater or an adventurous eater? Explain.
7. Talk about three dishes that you tend to eat a lot. When do you usually eat them and why?
8. Are there any foods you wish you could stop eating or eat less of? Explain.
9. Describe a typical daily menu at your house.
10. At what times of the day do you eat (both meals and snacks)?
11. What is the most unusual dish / food you've ever eaten? Describe it.
12. Who prepares most of the food in your house? What kinds of food does he / she like to cook? Explain.
13. Does your family have any traditional foods that are passed on from generation to generation? If so, describe them.
14. Are there any foods or dishes that bring back special memories for you? Explain.
15. What dishes can you cook? Would you like to learn how to cook other things? Explain.
16. Do you think it's important for everyone to know how to cook? Why or why not?
17. Describe a time that you ate at a restaurant. What kind of restaurant was it? Describe the food you ate. Did you enjoy your experience there?
18. In your opinion, should fast food restaurants serve healthier food? Explain.
19. Are food portions at restaurants too big? Explain.
20. Do you or does anyone you know have a food allergy? If so, describe it.
21. What is more important to you: flavor or nutrition? Explain.
22. What could you do to improve the way you eat?
23. Have you ever been on a diet to lose weight or improve your health? What did / didn't you eat? Did the diet help you? Why or why not?
24. Do you think that a vegetarian diet is better than a diet that includes meat? Why or why not?



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