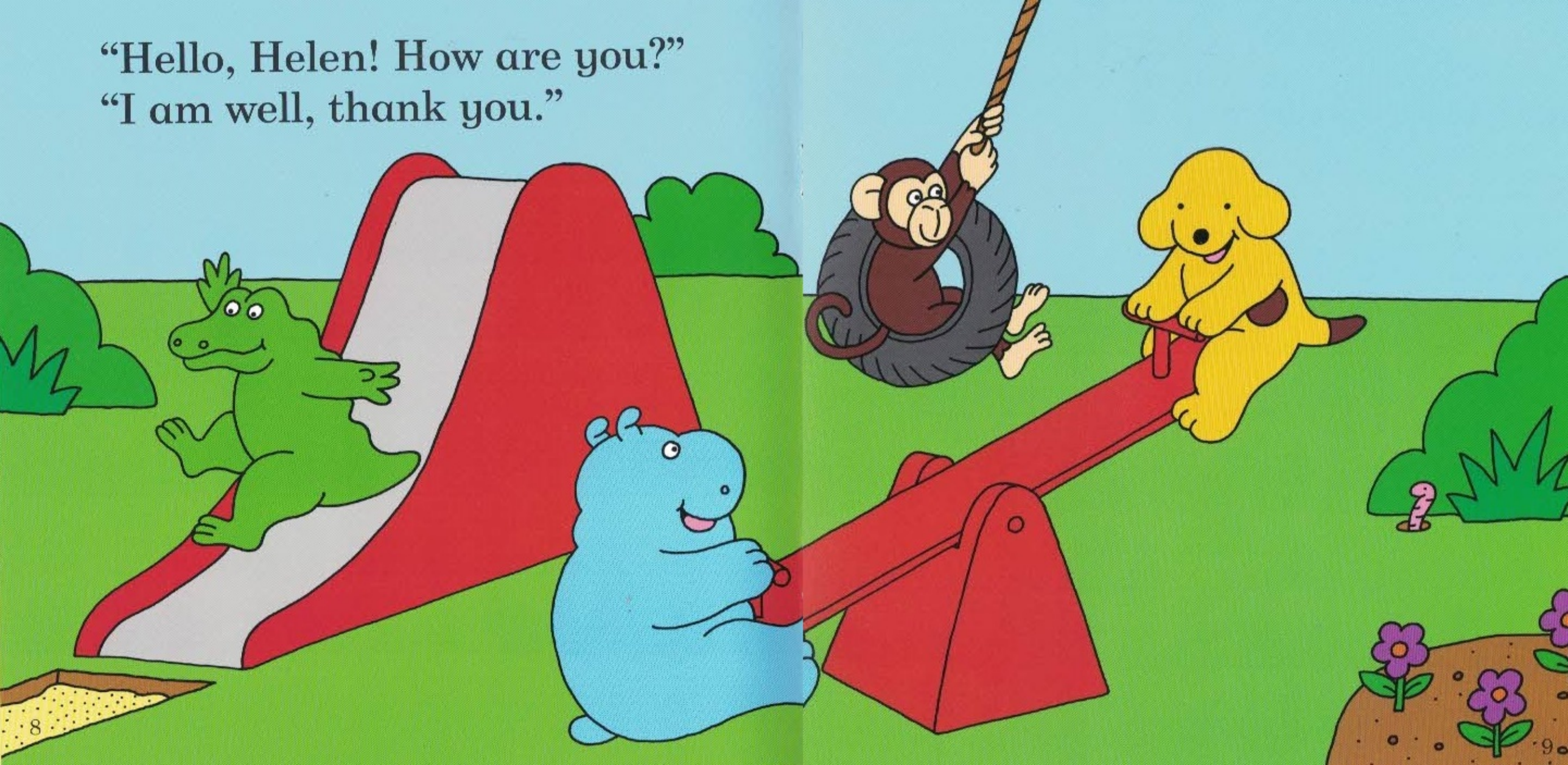"Hello, Helen! How are you?"
"I am well, thank you."